

The Drayton Valley

Western Review

www.draytonvalleywesternreview.com

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online

draytonvalleywesternreview.com

Tuesday, January 20, 2015



Final roster

Drayton Valley
Thunder acquire
two new players

19

A place to sleep

Shelter program
needs community
volunteers to
open doors

4



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Vol. 50 No. 3 \$1.25 Incl. GST

NEW YEAR, NEW ADDITION



Maria Lela Western Haven

Baby Kelsie is slowly working her magic on the Lamanilao family, especially on her brother Tyler (left) and her sister Katalyn. Mommy Andra and daddy Diomedes are happy to have another addition to the family since Jan. 12. For now, Kelsie's only job is to eat, cry and entertain her older brother and sister. Kelsie was the first baby of 2015 born in the Drayton Valley Hospital and Care Centre.

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news

Gas prices in the area has been an ongoing debate

► An expert says gas prices are usually higher in smaller towns

Marta Lulla
Western Review

People in Drayton Valley have been vocal about gas prices in the area being higher than other areas, such as Edmonton.

The Western Review decided to talk to an expert and help shed some light on what determines gas prices.

There are four major players or components that drive gas prices, the first one being the government who receives taxes from the sale of gasoline. Second being the petroleum refiners who represent the organization that manage a brand and also the dealers who are physically at the stations. The third stakeholders are the refiners who turn crude oil into gasoline and fourth are crude oil producers.

"The key one that pertains most to changes or differences between one city's pump price to the other will really relate to the marketing piece (the second component)," said Michael Ervin from petroleum consultancy M.J. Ervin & Associates, a division of Ontario-based the Kest Group.

The Kest Group Ltd. provides a broad range of data, research, analysis, and consulting services to the downstream (refining and marketing) petroleum industry, according to its website.

The second component relates to marketing margin or marketing mark-up explained Ervin.

"And mark up would be basically difference between wholesale pricing that marketer paid at the refinery and then the retail price of the gasoline," he said.

One of the reasons why small towns have higher gas prices because they are further away from the terminal from which the refined product is dispatched.

"So there would be a somewhat larger transportation cost, (but) that's not a big factor," he said.

The reason boils down to the fact that compared to bigger cities, the average gas stations in a smaller town pumps far less

gasoline. This is because there are more gas stations per capita than big cities. Pumping less gasoline typically means the dealer, the retailer or the marketer has to have a higher mark up in order to generate same amount of revenue to cover operating cost at the station.

"So if you pump less gasoline, you need more mark up compared to another market that pumps more gasoline on average per station," he said.

Ervin said that, there are exceptions to those towns that are closer to bigger cities who have to compete with prices in the bigger cities.

"There are some towns for instance that are close enough to big city that they have to compete at a very similar price to what's charged at a nearby city. Otherwise consumers, particularly where there's a lot of commuting into the bigger city, will not buy gasoline in their hometown as they are driving to work every day and they see the difference as they are more likely to go up where the price is less," he explained.

He agreed Drayton Valley is not a commuting town and is not a commuting town and is not a commuting town and is not a commuting town.

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a particular need to charge enough mark up in order to meet operating cost in a market, where output per average station would be lower.

When asked about prices varying from one small town to another, instead of comparing small town with a city, he explained per station in two small towns may vary and therefore they would not be pumping the same amount of gas.

He also agreed some dealers may be more aggressive in their pricing than others to maintain their market share.

"Not to doubt your estimate. I have often found that for markets that we do track people's perception vary from the actual data but you know other factors are involved such as some dealers might be much more aggressive in their pricing, in order to maintain their market share and between one small town and another the average true output in those two markets vary, such as one market does require more market than the other," he explained.

When contacted, a number of local gas station operators were hesitant about making comments. One of the local owners said it is against the competition

law to be discussing gas prices due to fear of price fixing. A request for public opinion on the Western Review's Facebook page did not suffer from the same hesitancy.

"Ten cents a litre is not slightly higher — it's a rip off. I fill anywhere but here wherever I can so local stations aren't actually

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CETC

Clean Energy & Technology Centre

The new Clean Energy & Technology Centre will be Drayton Valley's local hub for business incubation, research and development, applied research and will foster the centres goals of innovation and technology based solutions for economic sustainability.

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780-542-5400

To learn more about the CETC and its many opportunities contact Kristina Voller at 260-518-2562

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DRAYTON VALLEY
www.draytonvalley.ca

PULLING TOGETHER

UP & COMING...

Work the upcoming 2015 Municipal By-Election. If you are interested in finding out more information, or applying for a position, please visit the Town Office, see our website at www.draytonvalley.ca, or contact Chandra Dyck, at 780-514-2200

The new Transportation of Dangerous Goods Bylaw was passed by Town Council on October 8, 2014 and is now in effect. Visit www.draytonvalley.ca/bylaws to review the full bylaw.

Drayton Valley Municipal Library January 27 • 6:30 - 7:55 pm
Join The Write Stuff as we Skype with Alberta, Canadian and global authors. Guest - Author Chris Berling
Chris Berling lives in New Jersey with her husband, two sons, one dog and three rabbits. She graduated from Penn State with a degree in Journalism. When she isn't writing, she works for a local winery. Her books are filled with romance, suspense and thrillers.

EMPLOYMENT OPPORTUNITIES



Child Care Program Coordinator
Subdivision & Development Appeal Board Members
Recreation & Culture Manager
Program Manager
Information on Town Employment Opportunities can be found in the Classifieds Career Section or on our website www.draytonvalley.ca/employment-opportunities

TOWN OF DRAYTON VALLEY 2015 BY-ELECTION ELECTION DAY
The Town of Drayton Valley Election will take place as follows:
TUESDAY, FEBRUARY 3, 2015
Every voting station shall open promptly at 8:30 a.m. and will be kept open continuously until 8:00 p.m.
The voting stations will be located at:
Royal Canadian Legion Hall 5204-51 Avenue, Drayton Valley

ADVANCE VOTE

Advance voting is open to any person who wishes to vote on that day for any reason whatsoever
The Town of Drayton Valley Advance Vote will take place as follows:
THURSDAY, JANUARY 29, 2015
The voting station will be open from 10:00 a.m. - 3:00 p.m.
The advance voting station will be located at:
Drayton Valley Civic Centre Conference Rooms
5120 - 52 Street Drayton Valley

BY-ELECTION FORUM



The Drayton Valley and District Chamber of Commerce will be hosting a forum for candidates in the upcoming by-election to expose candidates' policies and opinions, to potential voters.
The forum will be taking place on **January 27, 2015 • 6:30 pm** at the **Royal Canadian Legion Hall**.

MAYOR
Glenn McLean • 780.514.5568
maylor@draytonvalley.ca

COUNCILLOR
Nicole Nadeau • 780.514.5864
nnadeau@draytonvalley.ca

COUNCILLOR
Graham Long • 780.898.5494
glong@draytonvalley.ca

COUNCILLOR
Dean Shular • 780.515.0110
dshular@draytonvalley.ca

COUNCILLOR
Fayrell Wheeler • 780.898.3655
fwheeler@draytonvalley.ca

COUNCILLOR
Debra Bossert • 780.514.0868
dbossert@draytonvalley.ca

Next Regular meeting of Council
Wed. Jan. 28, 2014
Council Chambers, Town Office • 9:00 a.m.

Next Governance & Priorities Meeting
Wed. Jan. 28, 2014
Town Office • 1:00 p.m.

INCAPACITATED ELECTOR AT HOME VOTING
If you are physically unable to attend either the advance or election day polls, arrangements can be made for the elector to have two Deputy Returning Officers attend their residence to take their vote during the hours that voting stations are open.
To make arrangements for this service please call the Town office at 780-514-2200.

Town Office Civic Centre 5120-52 Street | Tel: 780.514.2200 | Fax: 780.542.3755 | Box 0837 Drayton Valley T7A 1A1 | 8:30am - 4:30pm | 24hr Info Line 780.514.2220
Early Childhood Development Centre 780.514.2240 | Adult & Family Services Centre 780.514.2235 | Emergency & Fire 911 | 24hr Info Line 780.514.2220
Park Valley Field 780.514.2225 | Community 780.514.2224 | Library (Library & Family Academy) 780.514.2226
Download the Drayton Valley App - Available for FREE on the Apple App Store & Google Play Store. Keep up to date on local upcoming events, things to do, services and so much more!

news

Mat program reaches out to volunteers to help run shelter

Homelessness shelter needs volunteers to ensure doors are open to those in need

Lesley Adams
Western Review

Since the Homelessness and Poverty Reduction initiative began in 2013 many steps have been taken to learn more about the issue of rural homelessness and how to combat it.

From research grew action and on Jan. 14 those who have been working within the Homelessness and Poverty Reduction team met with members of the community who understand the need for programming, the first of which is a shelter program.

"I think it went pretty well," shared Homelessness and Poverty Reduction Co-ordinator Emily Hickman. "I was actually really quite pleased with the turnout, I was kind of scared it was going to be the Homelessness and Poverty Reduction Team and family, but it was pleased."

"It clearly wasn't the 30 people that [we need] and they're not all going to sign up to be supervision volunteers, but there are a lot of interested people and it looks like they all signed up for something," she continued. "They want to help so that's a clear step forward in recognition of the problem and there were some really good questions asked, so I'm quite pleased with how tonight went."

The purpose of the meeting held at the Rotary House in Drayton Valley was to provide interested volunteers with a general outlook of the shelter and further insight into what involvement with the Community Mat Program would entail.

Although enthusiastic about the program itself and the interested community members that attended the meeting, Hickman acknowledged that despite the fact that many know the program is needed finding enough people to help

out with the shelter will prove to be one of the most challenging aspect of the program.

"Shelters have been running for an age in memorial and so in terms of that we're able to borrow a lot from what's already been done in other communities. What hasn't been done a lot is doing it entirely with volunteers. It would be so much easier if we could hire four people to do the shifts for us, but that's not in our budget," she said. "So it's going to be all volunteers, which is also a good thing because volunteering is a good thing for community. I definitely think it's going to be the most challenging part, but I also think it will also be one of the most rewarding."

As well as the people who come in here and I'm also really glad that we're able to give the volunteers something with the amount of training they'll be receiving. In life if somebody is interested in becoming a social worker or whatever, these are all skills that they'll be able to use later on."

Touching on the complexity of volunteering when it comes to working full time and wanting to help out, Andrew Ross attended the meeting knowing something needed to be done and wanting to help out however he can.

"I'm going to help as much as I can," he shared. "I have a full time job so it's hard for me to get on to the monthly rotation, but I might be on call and I'll help with the fundraising and maybe the organizational part of the event."

"There's a need for volunteers, the leader (of the meeting) was saying it would be nice to have 30 people so we can have two shifts a month so it's not hard on people because it's a night shift," Ross continued. "We need for those people to have a place to find themselves so that they don't get lost, suicidal, hurt people, or steal, or drugs and all that."

With a hope that other members of the community will be as passionate about the program as those who were in attendance at the meeting, Hickman says there is no deadline for when people can get involved and expressed

that it is an easy way for people to get involved and give back.

"At this point it's important for people just to understand that this is a needed program in our community," she said. "It may not be needed by a large number of people, but even if we have two people on any given night are sleeping out in -20 (temperatures) it's too many, and people can help prevent somebody having to sleep rough for a night just by being there."

"It is something that we I know is challenging, but still we can do it," Hickman continued. "So if you've got the time, if you're able to give the time, then we'll give you the skills, as well as we'll develop the skills yourself. It's just [building] a rapport with people, anybody can do it."

A simple, yet challenging way the community can work together to fight homelessness, Hickman says it is the first important program and step as the team continues to reach for the goal that was set when the Homelessness and Poverty Reduction initiative began.

"This is the first step. This is emergency care, this is triage," she shared. "The bigger goal of the homelessness and poverty reduction team is to reduce homelessness and poverty, so this is kind of a Band-Aid on a brain tumour right now, but like I said it's the first step. We're at the beginning and hopefully by the end of it we won't have the need for an emergency shelter in our community."

To learn more about the Community Mat Program and how to get involved with the shelter contact Hickman by calling (780) 514-2221, e-mail homelessness@draytonvalley.ca, or stop by the ICSS office located in the Rotary House at 4725 46 Street in Drayton Valley.

More information on the Homelessness and Poverty Reduction initiative can also be found on the Town of Drayton Valley website page at www.draytonvalley.ca, or on Facebook by searching Drayton Valley and Area Homelessness and Poverty Reduction Team.



Bridal Fair

February 7, 2015

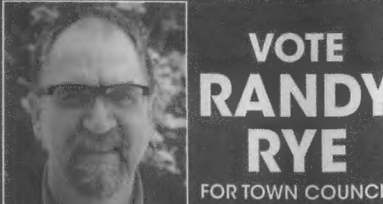
At the MacKenzie Conference Centre

10:00am - 3:00pm - Free Admission

Grand Prize Giveaway For Brides!

Fashion Show At 1:00pm

For More Information Contact 780.674.2666



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e: rrye@life-church.ca



Brazeau County News

www.brazeau.ab.ca | 780-542-7777

UPCOMING NEWS & EVENTS

- Regular Council Meeting on January 20th starting at 8 am.
- Municipal Planning Commission Meeting will be on January 22nd, 2015 starting with an information session at 9:00 am then Delegations at 10 am in the Council Chamber. Contact the Planning & Development Department at 780-542-7667 for further information. ***Dates are subject to change.
- Women in Business Event, January 22 at the Lakeshore Inn & Suites, beginning at 5 pm. Presentation "Marketing my Business" and speaker spotlight from two successful business women, Cecile Sheffelt and Tammy Lambert.
- Agricultural Services Board Meeting on February 10th, 2015 at 10 am at the County Office.
- ***All Council meetings are held in the Council Chamber and are open to the public.

Brazeau County is now accepting resumes for our Summer Student positions. To view these positions, along with any other employment opportunities, please visit: www.brazeau.ab.ca/departments/administration/employment.

NOTICE OF PROPOSED PAYMENT FOR EXPROPRIATION

Tela Notice that Brazeau County has expropriated the following lands on October 27th, 2014:

TELE 172238
BLOCK 4
CONTAINING 43.2 HECTARES (106.9 ACRES) MORE OR LESS
EXCEPTING THEREOF:

AI PLAN 932411 - SUBDIVISION	HECTARES	(ACRES MORE OR LESS)
B) PLAN 932081 - SUBDIVISION	5.52	13.69
	2.80	6.92

EXCEPTING THEREOF ALL MINES AND MINERALS

On January 13th, 2015, Brazeau County obtained a Court Order in Court File Number 1403-19080 that states in part:

1. Brazeau County has leave to deposit with the Clerk of the Court a cheque in the amount of \$137,800.00 as the proposed payment (the "Proposed Payment") for the expropriation of the aforesaid lands.
2. The following persons were named as Respondents in the Court Order: BIRCHWOOD VILLAGE ESTATES INC., BIRCHWOOD VILLAGE GREENS GOLF & COUNTRY CLUB INC., JIHAD YAGHI, FORTISALBERTA INC., B38 TRUST, CONSTANCE E. GENGIE, INVESSO HOLDINGS LTD., INVESSO MORTGAGE INC., GEORGE SYMONWICK, JOE CHAMBER, DITCH CA LTD., ROMEO FAUCHON, MARK GREG, STYND ALBERTA INC., OLYMPIA TRUST COMPANY, OCEAN MANAGEMENT INC., SHORTCUTS HOLDINGS INC., OPS GROUP INTERNATIONAL INC., ANNE MACHESON, FREDERICK SCHAUZITZ, BRENDA SCHAUZITZ, LAURENTIAN TRUST OF CANADA INC., BARBARA R. HODME, DONALD H. MACMILLAN, JEANNE A. MACMILLAN, GORDYTH G. GAUT, WAINWRIGHT G. GAUT, PATRICK S. FORTINOW, MARSEY P. HODNATT, JO-ANN E. COLLINS, ALLAN P. COLLINS, SHIRLEY L. HUGHES, CLEONAH BARRON, EARL ARON HELTZ, MICHAEL ANGELO HELTZ, 673111 ALBERTA LTD., KIMBERLEY SHARMAN JENKINS, DONALD G. CHEESEMAN, RUTH ORLAUSBER, JOHN G. WIGLEY, CANADIAN WESTERN TRUST COMPANY, JEAN BARRON, and JOHN HANSEN.
3. Any Respondent may upon notice to Brazeau County and all other Respondents, seek a further Order of the Court to determine the entitlement of any Respondents to a portion of the Proposed Payment.
4. The time period pursuant to section 36 of the Expropriation Act within which an owner must institute proceedings to determine compensation for the expropriation of the aforesaid lands shall expire one year from January 13th, 2015.
5. A complete copy of the Court's Order can be obtained by contacting Brazeau County's legal counsel: Nick Parker, RMP LLP, 3200 Mandible Place, 10180-101 Street, Edmonton, T5J 9W9 (780-487-3342).

BUSINESS BREAKFAST EVENT

Employee Attraction and Retention Network (EARN) presents

Labour Force Funding and Training Opportunities

Where: MacKenzie Conference Centre
Drayton Valley, AB

When: February 10, 2015
Doors open at 7:15 a.m.
Breakfast/ Networking
at 7:30 a.m.
Sessions from 8:00 - 9:30 a.m.

Cost: \$20



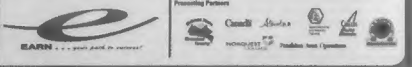
Discover customized and in-house training solutions by talking directly to: NorQuest, SAIT, Red Deer College, NAIT, Go Productivity, Vital Learning and Drayton Valley & District Community Learning Association. They will be on hand with booth displays.

Presentations include:

Canada-Alberta Job Grant
Learn how to get 2/3 of the direct training cost reimbursed up to \$10,000 per person and up to \$300,000 per company.

Youth Employment Program
Find out how this program delivered by NRC-IRAP provides financial assistance to innovative small and medium enterprises to hire highly skilled post-secondary graduates.

RSVP by Tuesday, February 3, 2015 via e-mail: aspence@brazeau.ab.ca or call Brazeau County at (780) 542-7777





Arlene Tavee
Councillor
arlene.tavee@brazeau.ab.ca
780-542-7615



Counselor Rita Mott
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Counselor Marc Gresser
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780-542-7658



Counselor Kara Westlund
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780-542-7661



Counselor Anthony Hunsch
ahunsch@brazeau.ab.ca
780-542-7688



Counselor Maryann Thompson
mthompson@brazeau.ab.ca
780-542-7684

news

Keep paths clear of snow, ice

Merrill Telle
Western Review

Tripping and falling is common in winter months, and so is the potential for injury due to fall.

According to the bylaw in Drayton Valley, businesses are responsible for sidewalks abutting their property and premises, ensuring it is safe.

"They have the responsibility to take off any snow or ice," said Drayton Valley Bylaw Officer Pam Balke.

She added the bylaw applies to houses in Drayton Valley as well. Although, for the downtown core, the Public Works comes around and removes any snow.

Balke explained the bylaw isn't extended to private parking lots, however that is up to the owners.

"There is no bylaw that says they have to clear private parking lots, however they might be liable," she explained.

National claims director for RSA Insurance Alex Walker explained despite the bylaw not being applicable to private parking lots, owners or managers can still be liable under the Occupiers Liability Act.

Balke said the Town charges a fine of \$110 after giving out warnings to clear off any snow or ice. She explained people are asked to remove any ice or snow after the Town has received a complaint, they also give them time to do so. If it's not done a fine is imposed.

The Town also has the option to remove snow and ice and charge it back to the owners.

"If someone complains I would go in and tell them and we will have to see if the complaint is valid," said Balke.

RSA Canada had some tips for businesses, which included checking and monitoring premises regularly.

Walker explained keeping dry rugs and mats is a good idea.

"It's important to know, business owners are responsible, injured customer or employees are a liability and can lead to higher insurance premiums," he said.

He recommends having a snow and ice removal program and making it someone's responsibility with a log that shows dates and times when snow was shoveled for example.

"Be sure to have the appropriate gear including snow shovels and salt readily available," he added.



Brazeau County News

www.brazeau.ab.ca | 780-542-7777

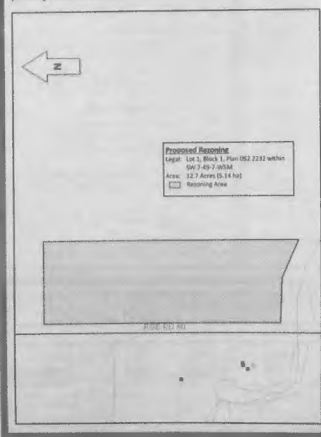
NOTICE OF PUBLIC HEARING

TAKE NOTICE that Brazeau County Council has given first reading to Bylaw 859-15 to change the designation of Lot 1, Block 1, Plan 052 2232 within SW 7-49-7-WSM from **Agricultural (AG) to Rural Industrial (RI)** as shown on the accompanying map. If approved, the change in designation will bring the existing Sand and Salt Storage activities on the parcel into compliance under the Land Use Bylaw.

FURTHER TAKE NOTICE that Brazeau County Council will hold a Public Hearing at which any person claiming to be affected by the proposed redesignation may ask questions or make their views known. **The Public Hearing will be held on February 17, 2015 at 10:00 am or as soon thereafter as possible in the Council Chambers of Brazeau County office at 7401 Township Road 494, Drayton Valley, Alberta, T7A 1R1.**

Any written submission mailed or delivered to Brazeau County, Box 77, 7401 Township Road 494, Drayton Valley, Alberta, T7A 1R1 or faxed to 780-542-7778 by 4:30 p.m., February 8, 2015, will be included in the Council Report. Written and oral submissions may also be made at the Council meeting without prior notification to Brazeau County. If you make a written submission, the information you provide may be made public subject to the provisions of the Freedom of Information and Protection of Privacy Act.

A copy of Bylaw 859-15 and the Rural Industrial District (RI) is available for public inspection at the Brazeau County Office between the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday. For further information, please contact Planning & Development by telephone (780) 542-2867 or by e-mail at planning@brazeau.ab.ca.



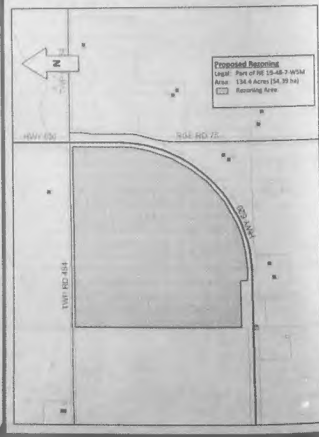
NOTICE OF PUBLIC HEARING

TAKE NOTICE that Brazeau County Council has given first reading to Bylaw 860-15 to change the designation of part of NE 19-46-7-WSM from **Agricultural (AG) to Rural Industrial (RI)** as shown on the accompanying map. If approved, the change in designation will accommodate potential Rural Industrial activities on the lands.

FURTHER TAKE NOTICE that Brazeau County Council will hold a Public Hearing at which any person claiming to be affected by the proposed redesignation may ask questions or make their views known. **The Public Hearing will be held on February 17, 2015 at 10:15 am or as soon thereafter as possible in the Council Chambers of Brazeau County office at 7401 Township Road 494, Drayton Valley, Alberta, T7A 1R1.**

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news

Providers needed

Family Day Home Agency is looking for day home providers

Merrill Telle
Western Review

The demand for quality child-care exists, and the Family Day Home Agency is looking for more providers to come forward to meet it.

"My day homes are all full. I have couple of part-time positions available. I have one provider that has couple of positions available, but other than that everyone else is full, feeling that they can have only six including their own children," said Family Day Home Coordinator Jessica Duvigne.

There are currently eight providers with the agency, and each provider can have up to six children including their own.

The licensed day homes run like day care at the Early Childhood Development Centre (ECDC) with programs that offer healthy meals and outdoor play time. Legally, providers are allowed to care for children for nine hours after which time there is an extra charge.

With the need for more providers in the area, Duvigne says people are not aware of the service.

"I don't think the community is aware of the agency. They know of the ECDC but they know that it's always full and there's a waiting list. So they always go to private day homes in the community," she said.

Duvigne confirmed providers can earn more than \$4,000 per month with six children, providing day care in their own homes.

"You can make up to \$4,320 dollars a month for six children and we have a great support system here for the provider. I am pretty much on call 24/7 for them. I have all the documents they need. I provide training for them and we do monthly meetings," she said.

The need is not just in Drayton Valley but in the Brazeau County as well.

"So the day care here (at ECDC) is usually (full). The waiting list is quite extensive so I have been turning parents away and

it doesn't work out and they are sitting on a waiting list. I would love to get more day homes out in Brazeau County like Breton, Buck Creek area, out in the country because there are a lot of parents who drive in from Breton or go that way, it would be nice if they could pick up their kid on the way home instead of hanging out in Drayton to do it," said Duvigne.

To get the process started, Duvigne recommends potential providers talk to her after which they can get an application going, which requires them to get a criminal records check. They also have to provide a doctor's note stating that they are physically and mentally fit to run a day home. They are also asked for references before Duvigne goes out to their homes.

From there, they need to prove that their house is safe obviously from little things like electrical outlets are covered, knives are out of reach in locked cupboards," she said.

The agency would like to target the population who love children and are looking to do something. "People who love children and have the ability and space to have a day home. They have to have a passion for it," she said.

Being a licensed program, parents who sign up for the day home option for their children can qualify for a subsidy.

"Parents can go through the subsidy process online. It's simple, they can come in and fill out application with me and they can get automatic approval or conditional approval," she said.

Some of the benefits for providers include flexible work hours, income support for the family, and opportunity to shape a child's future.

Another advantage include networking with different community agencies, child care practitioners and other family day providers.

That is as far as having your child in your home and your hours are more flexible. You get more one on one time with the children. A lot of times providers will pick up on a child having trouble with their speech, and they would come to me and we will provide reinforcements for that provider to provide to the parent and help that parent to help the child along," she added.

NOTICE OF ELECTION REQUIREMENTS FOR VOTER IDENTIFICATION

Local Authorities Election Act (Section 12, 15, 46, 53)

Local Jurisdiction: Town of Drayton Valley, Province of Alberta

NOTICE IS HEREBY GIVEN THAT AN ELECTION WILL BE HELD FOR THE FOLLOWING OFFICES

Office(s): Councillor
Vacancies: 1 (one)

Voting will take place on the 3rd day of February, 2015 between the hours of 8:30 A.M. AND 8:00 P.M.

Voting stations will be located at:

ROYAL CANADIAN LEGION 5204-51 AVENUE
DRAYTON VALLEY, ALBERTA

In order to vote, you must produce identification for inspection. The identification must be one or more of Government-issued driver's licence or ID card, or one of the items listed below as required by section 53 of the Local Authorities Election Act or local bylaw.

Types of government-issued identification must include the name, address and a photo of the elector, such as:

- Operator/Driver's License
- Government photo identification card (for non-drivers)

Types of Chief Electoral Officer-approved identification must show the name and address of the elector, such as:

- Attestation of Identity and Residence issued by the authorized representative of a correctional institution;
- Attestation of Identity and Residence issued by the authorized representative of a shelter or soup kitchen;
- Attestation of Residence issued by the authorized representative (landlord) of a commercial property management company;
- Attestation of Residence issued by the responsible authority of a Supportive Living Facility;
- Bank/Credit card statement or personal cheque;
- Correspondence issued by a school, college or university;
- Government cheque or cheque stub;
- Income/property tax assessment notice;
- Insurance policy or coverage card;
- Letter from a Public Curator, Public Guardian or Public Trustee;
- One of the following, issued by the responsible authority of a shelter or soup kitchen:
 - o Attestation of residence
 - o Letter of stay
 - o Admission form; or
 - o Statement of benefits;
- Pension Plan statement of benefits, contributions or participation;
- Residential lease or mortgage statement;
- Statement of government benefits (i.e. employment insurance, old-age security, social assistance, disability support or child tax benefit);
- Utility bill (i.e. phone, public utilities commission, television hydro, gas or water); and
- Vehicle ownership or insurance certificate.

Dated at the Town of Drayton Valley, in the Province of Alberta, this 7th day of January, 2015
Katherine Zalasky, Returning Officer

ADVANCE VOTE

THURSDAY, JANUARY 29, 2015

The voting station will be open from 10:00 a.m. - 3:00 p.m.
Drayton Valley Civic Centre Conference Rooms 5120 - 52 St. Drayton Valley



Comment

The Drayton Valley
Western Review www.draytonvalleywesternreview.com

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Canada



our editorial Forum another chance to be engaged in Feb. 3 by-election

This week finds the two candidates in Drayton Valley's upcoming by-election about halfway through their respective campaigns. Randy Rye and Brandy Fredrickson are vying for the vacant position on Drayton Valley Town Council that will be filled after ballots are counted on Feb. 3. Each is working to share the ideas and attributes they hope to bring to the council table to serve the community.

Those already engaged in the process may have made the effort to find out what issues the candidates are campaigning on. They may have heard them speak, been approached by them or visited their social media pages. But there will be just as many people who are still unaware that a by-election is even happening.

In a way, a by-election is an added bonus for the electorate. At this point residents have had time to get familiar with council, its priorities and policies. If there's a demographic or perspective voters feel is missing or underrepresented, a by-election is a chance for them to find that in one of the candidates.

If you, or someone you know, haven't been engaged in the process, there is still time.

Next Tuesday night (Jan. 27) the

Drayton Valley and District Chamber of Commerce will be providing a perfect opportunity to find out who the candidates are and what they stand for ahead of advance polls (on Jan. 26) and election day (on Feb. 3). A candidate forum will be held at the legion hall starting at 6:30 p.m.

By the time next week's forum kicks off both Fredrickson and Rye should be far enough along in their campaigns that they're solidified their platforms and be able to answer questions put to them. People should not hesitate to ask those questions, if the forum allows for questions from the floor. The forum represents a job interview for a leadership position in the community. And the people who live here are the interview panel. Residents would be remiss if they didn't pose some tough questions to those who will be making decisions on their behalf.

Mark Jan. 27 on your calendar and talk to friends, neighbours and co-workers about attending, as well. Once armed with the information, voters will be able to make an informed decision when they cast their ballots.

For details on advanced voting, incapacitated voting, election day, locations and times go to the Town Council tab at www.draytonvalley.ca.

You say goodbye, I say hello

I am a firm believer in the pursuit of personal happiness, and I acknowledge that sometimes that journey can take you into unknown and sometimes scary territory.

As I stated in my last column, I hope that 2015 will be a year when people strive to fill their lives with joy and happiness, or at least begin on the journey that will take them there.

So with that said, 2015 is the year in which I will take the next step in doing that for myself. I have been on this path of self-discovery for several years as I have looked at what was impacting my life and making it so that I was not completely satisfied. The first step was my health, which I have taken huge strides in due to my dedication and stubbornness, after all there will never be anyone more willing to fight for your health than you.

But now I move on to another aspect of my life that will prove to be challenging, stressful, and at times downright frightening: my career.

I have been toiling with the idea of debating the risks for some time, and as I write this column I'm not going to lie, my head feels a little bit light and my heart rate has increased, because it makes my decision more real than it has ever been up until now.

After almost four years of being a part of the Western Review team I will be moving on and this will be my last column.



Lesley's Lessons
Lesley Allan

Okay, I said it. Wow, it's hard to believe, as this has been such a big part of my life over the years, never a 5g with weakness to myself.

It's hard to believe that in March I will have officially been here for four years. Time does go by when you're having fun and I have enjoyed my time here and all the changes, as well as challenges, that I have brought about.

Moving here has been absolutely no one and since then I have developed meaningful relationships and have really come to look at this town as my home.

Working for the Western Review over the years I have had a unique opportunity that many do not get to have and it has led me to gain a greater insight in to the people and the community that has so easily welcomed me, and many others over the years.

Moving into the future I do not plan on leaving this area, and although I will miss the way in which being a reporter has connected me to so many different people, causes, and initiatives, I

am looking forward to the freedom I will have to get involved with different organizations as I move ahead.

My career goals will see me take the risk of becoming a freelance writer, as well as try my hand at running my own business, but it will also allow me to become a bigger part of this community, something that has been somewhat difficult up until now.

Being a reporter you grow with many of the stories you cover, but you never really get to become a part of them. Journalists are required to be unbiased and present nothing but the facts in the stories we write, which often requires a detached view and an outside look.

Involvement in one initiative or another would mean not covering it for work and in a community where so much is connected this would prove to be a challenge and somewhat of a burden on the flow of the office where we all want to get involved but refrain from doing so.

So although this is a goodbye column, I do not view it as my exit one. There is still so much I can do to keep this area in my heart and the programs I have learned so much about in my mind. We're fortunate to have so many opportunities to help improve our community, and as I leave my role of educating people on all of them, I enter into the opportunity to champion the ones that are of interest to me.

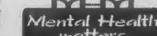
opinion

Appreciate those around you

In the past year I have experienced several different losses in my life and also in the lives of people close to me.

When someone passes away people gather together, these gatherings may be in a living room, a kitchen, on social media, a hall, a church or the local coffee shop. When people gather to mourn the loss of someone, rarely is the focus on what they did wrong, who they hurt, what mistakes they made, but more on what they did right, what good they did for others and the difference they made in the lives of those around them.

It almost seems taboo to say something wrong about someone who is no longer with us, we gravitate to what was right. In our daily lives many of us tend to focus on what people do wrong and how the things they do annoy or irritate us, but once they are gone these things are easily forgotten and we find comfort in remembering the good. I hold dear the memory of the giving man my dad was, how he would help someone at the drop of a hat. I miss being able to pick up the phone and hear his voice and being able to ask for some advice. I even find myself desperately wanting to hear one of his silly say-



ings, songs, or listen to him play the accordion, things that I found annoying when he was here, but only bring a smile to my face now.

Why do we gravitate to what is wrong in people? Why does it seem almost "taboo" to recognize and appreciate others for all the good they do and letting them know it? One of my students referred to kindness, appreciation and empathy as being "to Hallmarky," that it's not really how people are. Such a sad thing to hear from such a young person, but is evidence that this is a message that is being communicated and it can be a struggle to change our way of thinking.

Instead of the glass half empty view, we need to look at the glass as half full. We need to embrace everything about the people in our lives and the good and the irritating and appreciate who they are as a whole. As you spend time with friends and family during the coming year, appreciate your time together. Try your best to

forget, let irritations go to the wayside and soak up all of the good in them. Think about all of the things that you appreciate about them, and let them know what they are. Try to break some of the habits that we have ingrained in ourselves around the "taboo" of being kind or being "Hallmarky."

Dare yourself to show kindness, to notice the good in others, to let others know the reasons that they are appreciated. I think that many of us walk this Earth trying to do things that are the best for everyone, but wondering if we are truly getting it right, why not let someone know they are.

— Sue Reich is a Success Mentor with Aim for Success. Visit them online at www.aimforsuccess.ca or find Aim for Success on Facebook. Aim for Success, a part of the Mental Health Capacity Building Project works in partnership with the Wild Rose School Division, Alberta Health Services and Alberta Education—for a full list of all our project partners see www.aimforsuccess.ca/partners.

Around the water cooler...

We had some beautiful weather days last week, it's almost enough to make you believe spring is on the way... Almost.

We don't want to nag, but our readers are not being very supportive of our water cooler endeavour! We would love to be able to share birthday and anniversary wishes or sound the trumpet of congratulations, but we can't do it without your help! If someone you know is having a birthday, anniversary or just deserves a shout out, please pass it along to us by calling 780-542-5380 or e-mailing dvr@sunmedia.ca.

Now, as you may have guessed from the next column, we don't have any birthdays to share this week, so let's move on to other things.

For all you music and theatre students out there, it's that time again! Registration forms are available for this year's edition of the Drayton Valley Performing Arts Festival, which takes place Apr. 13-24. Those interested in taking part are invited to complete and find the registration forms and rules for entry online at www.dvperformingartsfestival.com, or they can be picked up at Eldorado School. The deadline for entries to this year's fantastic celebration of local arts is coming up quickly, on Jan. 28.

Also coming up quickly is the annual Family Literacy event. This year families are invited to come to the legion hall to take part in activities celebrating literacy and learning from 11

a.m.-1:30 p.m. on Jan. 27. There will be lots of things to keep children up to age six and their families busy. Among the activities will be an indoor picnic and plenty of activities to promote the importance of family literacy. Refreshments will be provided. For more information call 780-542-3373.

Later that night there's an event going on that the adults in the family might want to take in. The Drayton Valley and District Chamber of Commerce is hosting a candidates forum ahead of the Feb. 3 by-election in Drayton Valley. The forum gets underway at 6:30 p.m. at the Drayton Valley Legion.

Well, looks like that's it for us this edition. Have a jaunty January week!



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SAFETY COURSE SCHEDULE

#3, 5606 - 55 Street

Classes Start at 8:00 a.m.

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Please call to register. Courses have limited space.

JANUARY 2015

Wednesday, January 21... H2S Alive
Thursday, January 22... Emergency First Aid/AED/CPR
Thurs & Fri, January 22 & 23... Standard First Aid
Thursday, January 29... H2S Alive
Friday, January 30... Confined Space Entry & Rescue

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Home studies • WHMIS • TDG
(also available online at www.westpemsafety.com)
Confined Space Entry • Ground Disturbance
www.westpemsafety.com

NOTICE OF PUBLIC HEARING ATTENTION ADJACENT LANDOWNERS OF A PORTION OF THE SOUTHWEST 1/4 OF 4-49-7-W5M

This is a public notice advising landowners in the above area that the Council of the Town of Drayton Valley has received an application to rezone a portion of the lands municipally described as 2351-50 Street. Such rezoning would allow for a road expansion and potential for development of commercial businesses similar to those already being developed along 50th Street south.

Council gave first reading to By-Law No. 2014/22/01 at its Regular Meeting of Council on November 19, 2014 to adopt the rezoning for a portion of the land described as:

LOT 2
PLAN 762 2449

EXCEPTING THEREOUT ALL MINES AND MINERALS

FROM: A6-Agricultural District

TO: C2-General Commercial District

as shown on the accompanying map.



A copy of the Bylaw may be examined at the Civic Centre during regular business hours. A Public Hearing for this Bylaw will be held before the Regular Scheduled Meeting of Council, in the Council Chambers at the Drayton Valley Civic Centre, at 8:00 a.m. on January 26, 2015, for the purpose of hearing any objections, recommendations and/or complaints pertaining to the proposed amendments.

Objections should be submitted in writing prior to the hearing. Those written submissions which have been received before the designated time will be discussed at the meeting before further presentation will be recognized. Residents are encouraged to attend. Should you have any questions with regard to this proposed Bylaw please contact Jennifer Martin, Planning & Development Officer, at the Town Office at 514-2211 or by email at planning@draytonvalley.ca.

news

Pharmacists continue to play important role in health care

Program looks to train pharmacists to play larger health care role

Linsey Adams
Illustration: Fletcher

With the continued goal of providing the best care possible, Alberta Health Services (AHS) continues to grow the services offered to patients through various programs and increased capabilities of practitioners such as pharmacists.

Currently, Alberta is the only province in Canada that allows pharmacists, with specialized training, to play a larger role in patient care and write prescriptions for a range of chronic conditions.

Now, through a program called R-EACH, which was started more than a year ago, pharmacists continue to play a heightened role in the health of patients, particularly those at risk of vascular disease.

"I really think what we're doing is giving our patients back control of their health, because we're spending so much time with them, we're working with them with whatever health concern that they have, concentrating and giving them the knowledge they need to look after themselves," shares Leona Johnson, a local pharmacist taking part in R-EACH. "I just find the difference in the patient in a very short period of time is very dramatic."

Having gotten involved with the research program during its initial stages, Johnson says she was approached about doing R-EACH by Dr. Ross Tsuyuki, professor of medicine at the University of Alberta and member of the Cardiovascular Health and Stroke Strategic Clinical Network of AHS.

Having worked with him on two health research projects prior to this Johnson says it was an easy decision to make and one she couldn't be happier with making.

"I can't say enough positive about it and the difference in the patients," she shares. "I've had a wide variety of patients, they're crying and sad or happy at the improved health of their husband. It just makes you feel so much better about your day."

In the process of enrolling up to 1,200 patients province-wide, the program divides patients equally into two groups, with one receiving pharmacy-based advanced care while the other usual care, for a three-month duration.

As part of the program pharmacists can adapt medications, provide most recent recommendations, and refer

patients for blood work. Those who are receiving advanced care go through a complete medical review with pharmacists taking part in R-EACH, which includes a complete assessment of their medical history, eating habits, and as a calculation of the patient's risk of having a cardiovascular event within the next 10 years.

"This way is a very concentrated care for the patient, they really get a lot of care if they're in that branch of the study, otherwise they're in the control branch for the first three months," says Johnson. "But they really get focused care and we also have tremendous backing."

In a press release about the program, Tsuyuki and AHS stress that the importance of the program is to help identify and prevent patients who might otherwise fall through the cracks of the health care system, a sentiment that is shared by one local patient who recently got involved with R-EACH.

"I think it's important because they (pharmacists) are the ones giving the medication and they're the ones seeing the results," says Jack McMunn. "They've got to make the decision right now because you may not see the doctor for two or three weeks."

For Johnson, it's also an important part of helping patients play an important role in their own health care.

"The basic idea is that we're there for them if they have questions," she says. "My job is, if I'm starting now I'm usually in the morning, I'll be talking to them every day to see what their fasting glucose are and then adjusting their insulin, helping them with diet and education, and just whatever they would need."

Extremely enthusiastic about the program and the opportunities it creates for all of those involved, Johnson says it's something she would encourage any pharmacist to get involved with.

"I think it is an amazing opportunity for pharmacists and patients," she shares. "I think the amount of training and confidence it's given us helps in dealing with what our profession is today, because what our profession is today is not the same as it was 10 years ago, and this just gives us the knowledge base, the backing, and the training we need to be better health care providers."

"So I would totally recommend it for patient and pharmacist," Johnson adds.

Acknowledging that it is a lot of work to get started between training and the requirements of the program, Johnson says the work becomes routine and soon it's something that's not only part of the program, but everyday practice as a pharmacist.

Initially there was a huge challenge in finding the time to not only schedule

the patient in but also the actual documentation afterwards," she shares. "But as you do it more and more it becomes routine and it does go quicker with the paper work and the study does have an online program is very easy to do. It's very user friendly and that has helped me in other patients because it's made me streamline my questions, my documentation, it just helps me so that things are more automatic."

"I know in my practice it's now part of every day, whether the patient's on the study or not, this is how I approach it," Johnson says. "But it also gives us the medical knowledge, they provide training, courses, whatever we need. So it's just making us better pharmacists."

And according to Johnson patients aren't the only ones seeing the impact of the program and acknowledging its benefits.

"I had an amazing chat with

one of the doctors at the clinic who made me feel so good about the program," she shares. "He was so positive [about] what he's seen as far as patient outcomes and benefits to the patient, he was just absolutely pro-mad. He just made me feel very good about what we were doing and how we are helping our patients and improving their health."

Echoing this sentiment, McMunn says that working with Johnson allows him feel more comfortable about his health and what's being done with it.

"It feels very comforting," he shares regarding the access he has to a pharmacist and the medical advice Johnson can provide.

"I think these studies are necessary and the more that can be done for studies like these, the better," adds

McMunn.

For Johnson, however, it's also brought a whole new level of care to her work and although creating the best opportunities for patients has always been the goal, she says it's much more meaningful now.

"My patients that I'm talking to every day do become very close, they're not just patients," she says. "You spend a lot more quality time with your patients."

Patients interested in taking part in R-EACH are encouraged to speak with their doctor about the opportunity, or visit Johnson at Winter's Pharmacy south, located in the Malone Clinic at 4955 41 Ave. in Drayton Valley.

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www.sekurauctions.com

SEKURA LIVESTOCK MARKET REPORT
Week Ending: Jan. 13, 2015

Weight	Orders	Highers
800-899	\$21.15 - \$24.45	\$20.30 - \$23.55
700-799	\$22.30 - \$25.75	\$21.40 - \$24.64
600-699	\$22.30 - \$25.75	\$22.67 - \$25.96
500-599	\$22.70 - \$26.15	\$22.70 - \$26.15
400-499	\$23.00 - \$33.55	\$23.00 - \$33.55
300-399	\$32.00 - \$38.00	\$33.30 - \$38.81
Other Cattle		
Butcher Cows	\$12.00 - \$14.40	
Young Cows	\$12.25 - \$14.47	
Butcher Steers	\$12.22 - \$14.34	
Cow/Calf Pairs	N/A	
Brood Cows & Heifers	N/A	

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news

Community and land, focus of series

Winter Speaker Series to host weekly video conferences

By H. H. H. H.

Dedicated to education, as well as the preservation of the natural world, the Eagle Point-Blue Rapids Parks Council (EPBRC) has joined with the Drayton Valley and District Community Learning Association to bring the 2015 Winter Speaker Series to Drayton Valley.

Developed through a collaboration between Alberta Parks, the Pincher Creek and District Municipal Library and the Pincher Creek Community Adult Learning Council, the annual conference is available throughout Alberta via video conference and features a variety of different people of different ages, different backgrounds and different interests," she says. "Hopefully that will get people to come out."

According to Elgel, this diversity is another reason why community and land was such a great topic for speakers to touch on.

"The theme of community and land is quite diverse and we wanted the speakers to demonstrate that," she says. "So for land, we have the Prairie species at risk and the wildlife at the Open Hills Provincial Park, and then some people who can speak to how we connect our communities with the land."

Elgel also expresses that the diversity doesn't end with the subject, but also continues on to the number of professionals who do work in Alberta.

With environmental specialties coming from all over the world to do research through the province, the way in which the speaker series works allows for the organizers to have a wide selection to pick from.

"We have an excellent

ural landscapes, so that's why a representative [piece] of our natural landscape, in almost every natural region, can be found in a protected area," she explains. "So land is an important theme for us, and with the land (discussion) we learn about how to conserve natural landscapes and wildlife. Also how critical (conservation) is for us, as people who live either on the land in rural areas or with the land all around us in urban areas."

"We depend on things from the land so it's a common theme for everyone," adds Elgel.

Elching this sentiment, Prylisk shares that she hopes the importance of the subject, as well as it's diversity, will attract members of the public to attend.

"We think that some of the topics this year can really be a wide range of subjects, or can engage a lot of different people of different ages, different backgrounds and different interests," she says. "Hopefully that will get people to come out."

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With environmental specialties coming from all over the world to do research through the province, the way in which the speaker series works allows for the organizers to have a wide selection to pick from.

the benefits (of video conferences) is we can get speakers from all over," says Elgel, highlighting how one of this year's speakers will be presenting from New Mexico.

And the speakers, according to Elgel, are more than happy to share their passion that has brought them to Alberta, and shared on local television.

"We couldn't do this without the effort that the speakers make to put their presentations together and make them video conference friendly, as well as take that time to present to us. Some of the speakers have never used this technology before and they were [willing]

ing to try it and they usually find it really fulfilling. So I like to make sure the speakers are all thanked as well as the partners."

The 2015 Winter Speaker Series will be taking place in room four at NorQuest College starting at 7 p.m. on Jan. 20, and continuing weekly from there. For more information on the series call (403) 527-1152, or email swarps@norquest.ca, or follow Alberta Parks on Facebook.

For more information on the local viewing of the winter series contact Prylisk at (780) 688-7275, or email outreach@epbprcouncil.org.

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Market Report JANUARY 14, 2015
 On Wednesday, January 14th, 2015, 2739 head of cattle were brought to market. TOTAL: 2739

DT - 120 cows	127,000-141,000
DT - 140 cows	110,000-122,000
Holsteins	90,000-127,000
Heifers	125,000-140,000
Range Steers	107,000-140,000
Good Feed Steers	140,000-170,000
Good Feed Cows	140,000-170,000
Good Feed Heifers	140,000-170,000
Cow-Calf pairs (younger)	2200.00-3000.00
Cow-Calf pairs (older)	NONE

Good Feed Steers 1000 lbs Plus: 205.00-225.00
 Heifers 1000-1200 lbs: 220.00-240.00
 Heifers 1200-1400 lbs: 240.00-260.00
 Good Feed Steers 800 lbs Plus: 205.00-225.00
 Heifers 800-1000 lbs: 220.00-240.00
 Heifers 1000-1200 lbs: 240.00-260.00
 Good Feed Steers 700 lbs Plus: 205.00-225.00
 Heifers 700-900 lbs: 220.00-240.00
 Heifers 900-1100 lbs: 240.00-260.00
 Good Feed Steers 600 lbs Plus: 205.00-225.00
 Heifers 600-800 lbs: 220.00-240.00
 Heifers 800-1000 lbs: 240.00-260.00
 Good Feed Steers 500 lbs Plus: 205.00-225.00
 Heifers 500-700 lbs: 220.00-240.00
 Heifers 700-900 lbs: 240.00-260.00
 Good Feed Steers 400 lbs Plus: 205.00-225.00
 Heifers 400-600 lbs: 220.00-240.00
 Heifers 600-800 lbs: 240.00-260.00
 Good Feed Steers 300 lbs Plus: 205.00-225.00
 Heifers 300-500 lbs: 220.00-240.00
 Heifers 500-700 lbs: 240.00-260.00
 Dairy Steers: NONE
 Baby Cows Dairy Type: 500.00-550.00
 Baby Cows Beef Type: 150.00-300.00
 May: Sq Bales: 5.00-7.25
 June: Sq Bales: 5.00-7.25
 July: Sq Bales: 5.00-7.25
 August: Sq Bales: 5.00-7.25
 September: Sq Bales: 5.00-7.25
 October: Sq Bales: 5.00-7.25
 November: Sq Bales: 5.00-7.25
 December: Sq Bales: 5.00-7.25

REGULAR SALES WEDNESDAY

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The Pembina Agricultural Protection Association

is holding its
Annual General Meeting
 on Thursday, January 22, 2015
 from 7:00 - 9:00 PM
 at the Violet Grove Hall

For more information, please call
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news

Home suffers extensive damage in fire

News from Drayton Valley/Braceau County Fire Services

Courtney Whalen Western Review

No one was injured, but a local home was heavily damaged in a structure fire on Jan. 7. Firefighters were called to reports of a fire at a mobile home shortly after 7 p.m. that day. When firefighters arrived on scene flames were visible in the home.

The blaze was brought under control, but the result was heavy smoke, heat and water damage. Drayton Valley/Braceau County Fire Services Deputy Chief Kamli Lasek said no one was home at the time of the fire. The investigation into the cause of the fire is ongoing, but it is not deemed suspicious.

On July around 11 a.m. firefighters responded to reports of a single vehicle rollover. Members of the Drayton Valley/Braceau County Fire Services and local EMS searched for the location of the reported collision, but were unable to find it. Further investigation found the location of the collision had been incorrect, and it was actually in another jurisdiction.

Minor injuries were reported after hitting the

reported in a two-vehicle collision on Jan. 11. Just before 7 a.m. emergency services responded to a collision between a pickup truck and a tanker tractor trailer unit. Lasek said road conditions were icy at the time of the collision.

Later that day, around 1:20 p.m. the fire services were called to assist EMS by creating a landing zone for STARS Air Ambulance. However, prior to crews arriving on scene they were told they were no longer needed.

A cell about a single vehicle rollover turned out to be unfounded on Jan. 12. When emergency services arrived they discovered the vehicle had gone into the ditch previously and there was no occupants around.

The fire services had only one false alarm call last week, on Jan. 13, around 6 p.m. A fire alarm was reported, but before crews could respond they were informed the alarm had been set off due to cooking.

SLIDE SAFELY
 A favourite winter pastime for children and adults alike is grabbing the toboggan and hitting up the hill for a sliding thrill. In order to keep it a fun family outing, be sure to follow some common sense safety tips.

Before hitting the

hill be sure everyone is dressed properly. Layers are recommended, especially for children. Many injuries due to tobogganing are related to the cold, such as frostbite. Other types of protection are recommended for children as well, including a ski helmet to prevent head injuries if tobogganers take a spill.

Before taking the first ride be sure to check the hill for obstacles such as trees, rocks, bumps or anything else that could send toboggans and riders off track. Also be sure to give the toboggan a check to make sure it is in good condition. The safest way to go down the hill is kneeling. The chance of getting hurt increases if you toboggan headfirst or laying on your back. The final check to do before getting to the fun is to tuck in any scarves, strings, or long hats to make sure they can't get snagged on rocks, trees or anything else that could cause a strangulation risk.

Be sure the hill you've chosen has a clear run off and isn't adjacent to any roads, or bodies of water.

Drayton Valley/Braceau County Fire Services Deputy Chief Kamli Lasek said tobogganers should also be aware of walking paths to make sure they aren't sliding in front of those using the path, or risking injury coming to an

abrupt stop when they encounter the asphalt. Choose a hill that everyone is comfortable with, avoid extremely steep slopes, especially if there are children in the party. Once sliders come to a stop it's important to move out of the way of others who may be on the hill. Pick up toboggans, move to the side and walk back up the hill out of the way of other sliders.

Children should be supervised when tobogganing and it's not advised to toboggan at night, unless the hill is designed for it with sufficient lighting.

Lasek also said it's important to take caution into account, noting current temperatures mean hills aren't covered in a fluffy blanket of snow. "We're not having snow. It's ice."

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Sat, Jan 24	Emergency First Aid
Sat & Sun, Jan 24 & 25	Standard First Aid
Mon, Jan 26	H2S Alive
Tues, Jan 27	Detection & Control
Tues, Jan 27	Emergency First Aid
Tues & Wed, Jan 27 & 28	Standard First Aid
Wed, Jan 28	Ground Disturbance
Thurs, Jan 29	H2S Alive
Thurs, Jan 29	Emergency First Aid
Thurs & Fri, Jan 29 & 30	Standard First Aid
Fri, Jan 30	Confined Space

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NOTICE OF PUBLIC HEARING

ATTENTION ADJACENT RESIDENTS AND BUSINESSES
 OF THE SOUTHWEST 1/4 OF 40-40-7-W5M

This is a public notice advising businesses and residents in the above area that the Council of the Town of Drayton Valley has received application to close a portion of the road known as 50th Avenue north of McDonalds for consolidation with adjacent parcels of land.

Council gave first meeting to By-Law No. 2014/11/12 at its Regular Meeting of Council on November 19, 2014 to close a portion of the road described as:

Plan 002 2543
 Plan 002 0039
 Plan 4057MC
 Plan 4038L2
 Meridian 5 Range 7 Township 49
 Plan 962 1465

All that portion of Road (known as 50 Avenue) lying within Lot 1, Block 165, Plan 142

EXCEPTING THEREOUT ALL MINES AND MINERALS, as shown in yellow on the accompanying map.

A copy of the Bylaw may be examined at the Civic Centre during regular business hours. A Public Hearing for this Bylaw will be held before the Regular Scheduled Meeting of Council, in the Council Chambers at the Drayton Valley Civic Centre at 9:00am on January 28, 2015, for the purpose of hearing any objections, recommendations and/or complaints pertaining to the proposed road closure.

Objections should be submitted in writing prior to the hearing. Those written submissions which have been received before the designated time will be discussed at the meeting before further presentation will be recognized.

Residents are encouraged to attend. Should you have any questions with regard to this proposed Bylaw please contact Jenn Martin, Planning & Development Officer, at the Town Office at 514-2200.



Drayton Valley court briefs

Courtney Whalen Western Review

A man was given credit for time spent in pre-arrest custody last week in Drayton Valley Provincial Court.

Jason Fontanilla pleaded guilty to careless storage of a firearm in front of judge Jacqueline Schaffter. Fontanilla was charged

after police investigation of a complaint led them to his residence. When he attended police discovered a handgun that was stored improperly. He was in his bedroom with ammunition in close proximity. Ammunition was also found in gun, which did not have a locking mechanism engaged. A joint submission by the Crown and defence

was asking the judge to consider giving Fontanilla credit for nine days he spent in jail after being arrested. The judge heard the 26-year-old has no prior criminal record. After Fontanilla pleaded guilty Crown Prosecutor

number of other charges he had been facing. Schaffter agreed to the joint submission.

news

A day of fun on the slopes



It was the perfect day to spend some time outdoors as the sun was shining and the slopes were crisp for people to toboggan, ski and snowboard. On Jan. 18 the Canadian Ski Patrol-Drayton Valley Zone welcomed area residents to the Drayton Valley Brazeau Ski Hill to celebrate World Snow Day with a wide variety of activities including tic-tac-snow, and a fruit toss.

Lesley Allan Western Review



DRAYTON VALLEY/DEVON CONSTITUENCY PROGRESSIVE CONSERVATIVE ASSOCIATION

NOTICE OF NOMINATION MEETING

The DRAYTON VALLEY/DEVON CONSTITUENCY is seeking nominations for individuals interested in becoming the candidate to represent the constituency and the Progressive Conservative Association of Alberta in the next provincial election. The nomination period to obtain information, complete the nomination papers, and pay the nomination fee will commence Jan 24, 2015 and will close at 12:00 noon on Jan 31, 2015. The nomination meeting (if necessary) will be held from 8:00 to noon, Feb 21, 2015, at the following locations:

- Devon - Community Centre
- Drayton Valley - Royal Canadian Legion

Eligible voters require a valid PCAA membership card, must ordinarily reside within the boundaries of the constituency, be a Canadian citizen in good standing, be at least 14 years of age and have two (2) pieces of identification, at least one of which must be a photo identification. The boundaries of DRAYTON VALLEY/DEVON CONSTITUENCY are "BOUNDARY LINES & COMMUNITIES".

Interested parties may obtain further information, sets of nomination papers and details of the nomination process from the Nomination Chairperson, Jeannette Vatter at jvatter@telusplanet.net or at 780-621-6167.

MOVING FORWARD

Beyond Anger & Anxiety

Changing What Hurts Us & Others

This is not a therapy nor a tell all group, you will learn how to manage anger & anxiety.

Womens Group
Tuesday Jan. 20th
7-9pm

Mens Group
Thursday Jan. 22nd
7-9pm

NO CHARGE

Registration at the door or for
info call: 780-542-6702
Campus Alberta Building
5056 - 50th Ave. Drayton Valley

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Drayton Valley Comprehensive Family Violence Institute

news

Celebrating snow in the sun



On Jan. 18 area residents joined the Canadian Ski Patrol- Drayton Valley Zone on the slopes of the Drayton Valley Brazeau Ski Hill to celebrate all things winter as part of World Snow Day. From checking out some of the facilities used by those who help to keep the slopes safe, to playing winter games, it was a day of fun for all that attended.

Lesley Allan Western Review



Thank You

Life Church would like to thank the following sponsors for our "Blast from the Past Canadian Tour Event"

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Ten Mile • Tim Hortons • Service Plus Inn & Suites

We would also like to thank all of our volunteers and three of our RCMP Constables Leduc, Ferri & Graham. Proceeds from this event were donated to the "Almond Tree Life Centre"

Thank you again to everyone who sponsored, served, singers and all who came to make this a huge success!

LET US SERVE YOU DINNER TONIGHT!

Weekly Dinner Specials

MONDAY RIB EYE NIGHT 1 For 1.00 (includes 1/2 lb. rib eye, 1/2 lb. onion, 1/2 lb. mushroom, 1/2 lb. potato, 1/2 lb. bread, 1/2 lb. butter, 1/2 lb. cheese, 1/2 lb. sauce, 1/2 lb. dessert) 2 For 2.00 (includes 1/2 lb. rib eye, 1/2 lb. onion, 1/2 lb. mushroom, 1/2 lb. potato, 1/2 lb. bread, 1/2 lb. butter, 1/2 lb. cheese, 1/2 lb. sauce, 1/2 lb. dessert)	3 FOR 13 TUESDAYS Cashew or 3 chicken pieces @ \$13.00 and 1/2 lb. onion, 1/2 lb. mushroom, 1/2 lb. potato, 1/2 lb. bread, 1/2 lb. butter, 1/2 lb. cheese, 1/2 lb. sauce, 1/2 lb. dessert	WEDNESDAY WING NIGHT Wings For Sure, everyone's favorite with Ranch (1/2 lb.), 1/2 lb. onion, 1/2 lb. mushroom, 1/2 lb. potato, 1/2 lb. bread, 1/2 lb. butter, 1/2 lb. cheese, 1/2 lb. sauce, 1/2 lb. dessert	THURSDAY LADIES NIGHT OUT Ladies enjoy a 10% discount on your food FRIDAY FISH NIGHT WITH BEER & CAESAR 1 For 1.00 (includes 1/2 lb. fish, 1/2 lb. onion, 1/2 lb. mushroom, 1/2 lb. potato, 1/2 lb. bread, 1/2 lb. butter, 1/2 lb. cheese, 1/2 lb. sauce, 1/2 lb. dessert)
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The Restaurant is open daily 5:30 am - 8 pm

The Bar is open daily Food Avail. 11:00 am - 11:00 pm 11:00 am - Midnight

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Drayton Valley, Alberta • Toll-Free 1.877.355.3500

Resolve

Natural health trends for the year ahead

It's out with the old trends and in with new when it comes to food and oils that will benefit your health in 2015

Canada

A new year brings new beginnings, a time when many of us make resolutions to be healthier. To help you get there, the Canadian Health Food Association (CHFA) surveyed industry experts to identify the top five natural health trends for this year.

1. **Pumpkin:** Primed to be the kale of 2015, we are going to see an increase in the use of pumpkin across the country. From oils to seeds, this unique squash has many health benefits and has been linked to heightened prostate and urinary tract health. Pumpkin seeds are also rich in B vitamins, vitamin E, zinc and essential fatty acids.

2. **The Gut:** Digestive health is poised to reign supreme amongst natu-

ral health trends in 2015. Increasingly, natural health products that support digestion, including a diversifying probiotic category, are being linked to benefits beyond digestive health, such as mental health, skin health, and weight maintenance, among others.

3. **Fermentation:** The trend of supporting digestion also extends to fermented foods, which are no longer limited to kimchi, tempeh and sauerkraut. Fermentation can liberate nutrients in foods which helps our body better absorb them. For 2015, natural health lovers are taking fermentation outside of the mason jar. Canadians will see a plethora of new fermented foods in different forms including bars and powders popping up in stores across the country.

4. **OMO labelling:** In more than 60 countries around the world, including Australia, Japan, and all of the countries in the European Union, there are significant restrictions or outright bans on the production and sale of GMOs. Food labelling activism is on the rise in

Canada. We are seeing an increase in consumers demanding to know where their food comes from and whether it has been genetically modified.

5. **Fancy Fats:** In 2014 coconut oil was all the rage, and while it has many health benefits, we are seeing more and more people using new oils, each offering their own unique health advantages. Some of those that will be trending this year include:

Avocado Oil — Rich in monounsaturated fats and vitamin E and with a high smoke point which makes it better for use in cooking than olive oil.

Camelina Oil — Rich in mono- and polyunsaturated fats with a high proportion of omega-3s for cardiovascular health.

Flax Seed Oil — Rich in alpha-linolenic omega-3 fats.

If you would like some help for locating a health food store in your neighbourhood, this information is available online at chfa.ca.

— www.newsCanada.com

TO BE A BETTER YOU!

Get in shape with dedication, not speed

Fitness

Be realistic about your fitness goals, no matter how exciting it may sound to run a marathon, to attain perfect balance in your yoga class, or to lift those dumbbells as powerfully as your friends. If you have resolved to get in shape this year, the key to success is go slow. Loading up the bar too high, too soon, will probably set you up for failure.

Fitness expert, Rod Macdonald is the vice president of cardio and he suggests, "To set fail-proof goals, we have to set small targets that lead to bigger ones without worrying about how daunting the big end goal might be."

Taking on too much too soon may lead you to burn out and

could cause an injury. Both can cause people to get discouraged and to quit the routine altogether.

"Burnout or injury happens when you do too much for your current level of fitness," Macdonald adds.

David "Patch" Patchell-Barnes is the founder and CEO of GoodLife Fitness Clubs, reminds us that,

"Everyone is different. So the goals you set for yourself will be different too. What works for your best friend may not work for you."

Setting realistic targets also means factoring in your daily life.

Do you work five days a week? Do you have to take you kids to hockey practice? Do you

have other commitments? Choose a realistic goal that you can easily incorporate into your existing schedule — it is not realistic to start off trying to work out six days a week.

"Two to three times a week for 30 minutes is all you need to see significant health benefits," Patch continues. "Setting realistic fitness objectives is not about aiming for perfection. It's about aiming to be the best version of you."

Most importantly, remember that reaching your goal takes time — it's about the journey to a healthy life, not a healthy month. Stay positive, stay realistic, stay grounded with your goals, and strive not for perfection, but to be your best self.

— www.newsCanada.com

Here Comes The Guide!

Spring Bridal Section 2015

Be a part of the great event! On the big day, everyone wants things to go just right. From the mother of the bride to the catering supervisor, it's such an important day that no effort or expense is spared. Months of planning come to fruition in the joyful occasion & a great time is had by all. Everyone is appreciative of the part your business played in making this event a success. They were glad they called you in response to your advertisement they saw in the Drayton Valley Western Review's Bridal Section.

PUBLISHED:
Tuesday, January 27, 2015
DEADLINE:
Wed, January 21 at 5 pm

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Western Review

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GRAND PRIZE #4 WORTH \$825,000 RETAIL ESTHERBURGH FURNISHED HOME 34 Canyon Estates Lane West	GRAND PRIZE #5 WORTH \$124,164 RETAIL 1 - 2015 GMC 2500 HD SLT Crew Cab 1 - 2015 Arctic Fox 27-5L Fifth Wheel	LUCKY STARS 50/50 NEW LUCKY STARS 50/50 WINNER TAKES 1/2 THE CASH WIN UP TO \$1.5 MILLION \$10 each 5 for \$25 15 for \$50

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news

Vehicle, tools stolen in break and enter

News from the Drayton Valley RCMP

Courtney Whalen
Western Review

Approximately \$40,000 worth of items were stolen after a residential break in to a rural property on Jan. 11.

The culprit(s) entered the property in the area of Township Road 490 and Range Road 52 and stole a number of items including tools, a compressor, tires and a 1994 or 1995 Dodge Dakota.

Police currently have no suspects.

Tools and other items were also stolen after a break in to a local oilfield company. A mechanic shop for the company was broken into and items were stolen from a pickup truck on the property. Those involved also caused damage when they broke off door knobs to gain access to the shop. The investigation into that incident is ongoing.

INJURIES REPORTED IN COLLISION

One man was transported to hospital by STARS after a two-vehicle collision near Buck Lake.

On Jan. 11, Drayton RCMP and the Buck Lake Fire Department attended the collision at Township Road 454 and Range Road 64.

The vehicles collided in the intersection, resulting in injuries to drivers and passengers. The driver of one of the vehicles had to be airlifted by STARS for treatment. A traffic services analyst from K Division attended the scene and set of last week the collision was still under investigation.

CHARGES EXPECTED IN ATTEMPTED THEFT

A man who attempted to steal an

axe from a local outdoor supply store will be facing charges. Last week Drayton Valley RCMP Cpl. Marco Lou said charges are pending against a man who entered the store and attempted to steal the item by putting it in his pants.

There is no suspect in a theft from a local hotel. On Jan. 10 police received a report that cleaning supplies, batteries and towels had been stolen from the hotel.

Police were also called to a local liquor store for the report of product being stolen. The suspect was located and ended up paying the money owed.

A theft of diesel fuel was reported on Jan. 12. Approximately 500 litres of fuel was stolen from an excavator at a rural location.

SNOWMOBILE STRANDED

A man who took advantage of winter conditions to do some snowmobiling returned from his ride to find himself without any wheels. The man had parked in the area of Hwy. 620 and Range Road 90 to unload his sled. When he returned later he found his 2001 Dodge Dakota 3500 and sled deck had been stolen. The licence plate of the stolen truck is BCR 0295.

LIGHT IT UP

Police say those found using high powered light bars improperly can be ticketed. Drayton Valley RCMP Cpl. Marco Lou said the lights are not intended to be used when driving, but instead to illuminate an area while a vehicle is stopped. Those caught using the lights in populated areas or where it is a distraction to other drivers, will be issued tickets.

Got a news tip?

Call the Western Review at
780-542-5380

DRAYTON VALLEY PHOTO RADAR NOTICE



Public Notice - Photo Enforcement

Warning Tickets will be issued in the month of February 2015.

With actual violation tickets beginning to be issued in March 2015.

If you have any questions regarding this program please call 1-877-998-4327

This month Photo radar will be at the following locations:

- Highway 22
- 43 Street
- 50 Street
- 42 Avenue
- 43 Avenue
- 45 Avenue
- 46 Avenue
- 47 Avenue
- 49 Avenue
- 50 Avenue
- 55 Avenue
- Beckett Road
- Madsen Avenue

PLEASE SLOW DOWN!!

-ELECT-
BRANDY FREDRICKSON
FOR TOWN COUNCIL

"UNDERSTANDS THE PULSE OF THE COMMUNITY"

TUESDAY, FEBRUARY 3, 2015
ROYAL CANADIAN LEGION HALL

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Email: brandy.d.robinson@gmail.com



The Drayton Valley Western Review

Sports

780-542-5380 dvrw@inmedia.ca

Thunder staff hope new players fill team's gaps

Thunder acquire two players prior to 2014/2015 season deadline

Lesley Allan
Western Review

With only 16 games left in the regular season the Drayton Valley Thunder are hoping that changes made to their roster, prior to the trade deadline for the 2014/2015 season, will turn into some pucks in the net and wins on the ice.

"We're not looking behind us, we're looking ahead of us," said Thunder Head Coach and General Manager Mike Mueller last week. "We have 19 games left (at time of interview), we're going to have to play well over the next 16 games, that's how we're viewing things."

With roster changes within the organization leaving two spots open following the Dec. 1 deadline, Mueller said that coaching staff knew just what they were looking for and what was felt to be missing from the Thunder bench at the time.

"We had made two spots available from our Dec. 1 deadline and from

then until now we knew we would be looking to acquire a D (defencemen) and acquire a forward," he explained. "We acquired a forward, Troy Rapanano. He plays the right way, hard to play against... [and] goes to the net hard. He just had some of the attributes that we feel that we need to add to our current group."

"Then we acquired Alex Brewer who is a puck moving D, he's over half a point a game guy, he's a key man in our league, which is pretty good. Our power play has been a little bit anemic as of late, so he's a power play guy and that's kind of why we added him."

With Rapanano and Brewer meeting the skill requirement needed by the Thunder, for Mueller and his staff the two players were also a benefit to the team because they would be around for more than one season and continue to contribute to the team.

"Both guys are '95 born, so meaning they're 19 years old, so they'll also be with us next year as well and that was important too," he said.

With any change, whether it's in sports or in life, it can take some time to adapt. According to Mueller the transition of both players over to the Thunder has so far been a smooth one and is a testament to players both old

and new. "Both of these guys have transitioned very well," he said. "There's always an element of change when adding a couple new players, but you have to have good leadership and good character within your group to embrace and accept those players and the quicker they do that the quicker you're going to have success as a team."

Despite a rough season to this point that has them sitting second last in the AHL's North division with 12 wins and 31 losses, Mueller says the team has been strong this season and with tough competition it has kept this close on the scoreboard.

"We've played well," he said. "We played 24 one goal games, so our group is embracing making a push to rise higher in the standings. They're committed to playing hard and accomplishing their goal."

"Every opponent is a tough opponent in our league, so obviously we need to string as many wins as we can get over the next 19 games," Mueller added. "We need to approach every game like it's our last."

The Thunder hit the ice for their next game on Jan. 23 when they travel to Grand Prairie to go up against the Storm, followed by a home town match on Jan. 24 when the Calgary Canucks visit the Omplex.



Lesley Allan Western Review

Prior to the trade deadline on Jan. 10 the Drayton Valley Thunder acquired two players to help fill the gaps coaching staff felt were impacting the team's success. Forward Troy Rapanano will now don Thunder #18 (above), while defencemen Alex Brewer will wear #2 (below).



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sports



Photo courtesy of Patricia Stables

The DV Youngmen took on CGFL on the pitch last week in Edmonton District Soccer Association indoor action. The team hosted a 'bring a fan' night to bring some energy to the stands. Unfortunately, the Youngmen were unable to notch a win in the contest.

Youngmen in search of wins

Team hosts 'bring a fan' night

It wasn't the way the DV Youngmen wanted the game to end on 'bring a fan night' last week when they lost to CGFL in indoor soccer action.

Fans of the team were encouraged to travel to the city to take in a game and cheer on the Youngmen as they enter the second half of the season in Edmonton District Soccer Association play.

With some supporters in the stands, spirits were high as we entered the field," said team spokesman Brad Kelly.

Despite being an older team than the Youngmen and coming into the match with a short bench, CGFL played a smart game from the start,

playing so the Youngmen were unable counter with speed. Kelly said DV attempted to find a weak link in the competition's defence, but getting possession of the ball was difficult.

The opponents got on the board early on when the Youngmen got caught on a risky play in an attempt to get the ball "by-critted in, but the same line scored on us again," said Kelly. "Before we were barely a quarter of the game in, it was 4-0."

The Youngmen strived to cut the lead to two by half-time, but the shots they managed were mostly at the CGFL keeper. Sitting second in the division, CGFL came into last week's game riding the momentum of a tie with the first place team. Kelly said the Youngmen wanted to stall that momentum and get back in the game with some

'big quality goals.'

"We scored first (in the second half), and finally gave our crowd some life."

The Youngmen played well in the second half, but Kelly said with veteran opponents like CGFL everything has to be working for the full game time.

"We would have a great shift, or series of shifts and then a 10-second blip would result in a big breakdown, and they would score."

What would have been a second goal for the Youngmen didn't count as the whistle was blown on the play before it was in.

Kelly said the team had been hoping for different results, especially in front of fans who had come out to cheer them on. "The team will be looking to switch some players around heading into upcoming matches."

"We need to win a few more games to play in this division," said Kelly.

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2nd Event

From left: One of the winners of the 2nd event, a group of curlers, and a group of people at the event.

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3rd Event

From left: One of the winners of the 3rd event, a group of curlers, and a group of people at the event.

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sports

Thunder and community win



Lesley Allan Western Review

On Jan. 17 the Drayton Valley Thunder hit the ice against the Whitcroft Wolverines and as the puck dropped the local boys were gunning for a win during their annual home charity game. Taking the game 2-1, the Thunder weren't the only ones to benefit from the win as funds from the evening went to the CT40W Initiative.



Got a sports tip?

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Penn West Office
Drayton Valley

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Pembina Area Synergy
invites you to join them for lunch and meeting
Info / RSVP to:
pembina.area.synergy@gmail.com
or call 403.847.8086

school notes

ELDORADO
Thank you to our parents who served us hot chocolate and cookies after our winter fun day last Thursday. Everyone had a great time playing outdoors in the beautiful weather that day. Thanks to Eldorado's Health Action team for hosting, and to all the volunteers for making it happen.

This year there will be three Eldorado Chorus. All three choirs are volunteers. The Grade 4-6 choir and the Grade 2/3 choir will be lunchtime choirs. The Grade 4-6 choir will also practice one morning a week before school. We are also going to try to have a boys' choir. If there is enough interest. Practice time for this group will be announced. It's exciting to be starting another year of choir at our school. More information will be sent home with choir members.

Tropical Day is Jan. 23! Let's beat those "winter blues" with a tropical-themed day on Jan. 23. Come in your greatest beachwear, but still be prepared to go outside! For current updates and photos, you can follow us on our Facebook page www.facebook.com/SeasideWithSpills.

You'll find photos of our latest art projects, activities and candid shots of students and staff. Also any pertinent information that may affect daily routines etc. - Join us!

What's Going On?
Jan. 23 - Tropical dress up day.

Jan. 30 - Teachers CANISE PD, no school for students.

HOLY TRINITY ACADEMY
All students will be receiving their semester two time tables this week. The schedules are also available to be viewed by parents on Home Logic. If you have any questions, or would like to discuss your child's timetable, please feel free to contact the office to speak with the principal.

The January final exam schedule for semester one is available for viewing on our web site at www.bstarcatholic.ab.ca.

A reminder that the English 30-1, 30-2 part B Diploma Exams will take place on Tuesday, Jan. 20 at 9 a.m. The Grade 9 students

will also be writing part A of their English Language Proficiency Achievement test on Wednesday Jan. 21 at 9 a.m.

Students are reminded to return their textbooks to the school bookroom following their final exams. Textbooks for the second semester can be picked up on Friday, Jan. 30 at the school throughout the day.

Congratulations to our senior boys' and girls' basketball teams as they have been having a successful start to the year. Come out and view some home games over the next two months. A big thank you to our sponsors who have provided donations for the players' team wear this year!

A group of Grade 10 students will be taking the St John Ambulance First Aid course at the end of January. The second group of Grade 10 students will take their course in May.

Teachers' Convention is coming up on Feb. 5-6, please remember that there is no school on those days. The next school council meeting will take place on Feb. 11 at 7 p.m. We invite and encourage all parents of HTA to attend.

Have a great week!

The hot lunch program is up and running again as of Jan. 19. There is a delicious new menu. Tickets are available at the office for \$3 each or a strip of 5 for \$15.

The school lockdown practice went very well and everyone knows what the protocol is and where they need to be. We will have one more practice this year in March.

We are right in the middle of our annual dance week with dance instructor Yolanda Ganser. All grades are learning a routine and the performance will be on Jan. 27. All parents and family are invited to attend starting at 1 p.m.

SDP and SDS are at their swimming lessons this week. Remember to pack swimwear and towel.

Winter Fun Day is scheduled for Jan. 22 from 1-2 p.m. in the back field. There will be 15 stations set up as in a summer field day, but the activities will be more snow related. Parents are invited to come and join us. Hot chocolate will be served

in the pods afterwards. Jan. 23 is Winter White Spirit Day. Everyone is encouraged to wear as much white as possible. Show your school spirit!

Some families have not yet paid their school fee of \$40 for this year. It is now past the deadline, so please get it in. Thank you!

TOMAHAWK
Students are eagerly anticipating taking in an Oil Kings game Jan. 22 at the Hockey Honky event at Edmonton Northlands. That very same day Kindergarten students and their buddies in grades five and six will be going to explore and take a field trip at the Telus World of Science.

Information packages for the Sun Run in Vancouver have been handed out to interested students. The trip is Apr. 17-20. A running club has been formed if your child is one of the students eager to enjoy running during first recess, please make sure they have your written permission and appropriate footwear and clothing. The club will run Tuesdays, Wednesdays, and Fridays in temperatures warmer than 15°C.

Please contact Ms. Callant or Ms. Fleming if further information is needed.

We have the exciting opportunity to participate in some free yoga classes. It is a pilot project through the Yoga Association of Alberta, in collaboration with Parkland School Division and Felicia Ochs, our Youth Resiliency Co-ordinator. Yoga classes will be provided between Jan. 9 and Mar. 31 on Thursday afternoons at our school for students in Grade K-8. This project is fully funded by a Government of Alberta, Healthy Active Living and Recreation Initiatives Project Grant. Please ensure that your child's form is signed and returned to school.

It's that time of year where there are lots of cold and flu bugs going around that are keeping students under the weather. As a school we have taken extra precautions to prevent the spread of germs, but you can help by reminding your child to be extra vigilant about hand washing throughout the day and covering their coughs and

sneezes. Feel free to send hand sanitizer with your child, if you wish. All classrooms have hand sanitizer and disinfectant wipes for daily desks cleaning and

all other heavily touched areas. see NOTEBOOK on pg. 28



Ducks Unlimited Banquet February 14th

The Mackenzie Centre

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The family of George Antoniak would like to thank everyone for the love and support shown to us during the loss of our loved one. Everyone who brought food gave flowers or contributed to the family is greatly appreciated.

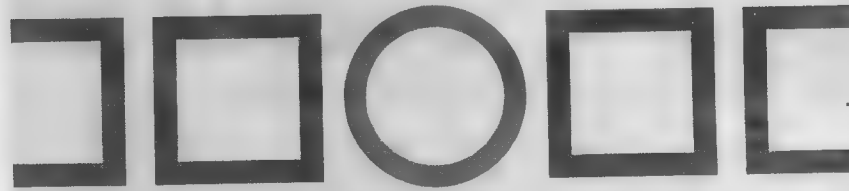
Thank you to Pastor Randy Rye for praying with us and doing George's gathering as well as Jojoile and Serenity House for all their help and support.

A special Thank You to Denis Sinarid for doing the eulogy as well as Jack & Trish (Drayton Bakery) for providing the lunch.

We would also like to thank the Doctors and nurses at the Drayton Valley Hospital who took care of George.

George will be greatly missed but never forgotten by all those who loved him.

With our heartfelt thanks,
The Antoniak Family



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NEWS

Duck meals are back

Ducks Unlimited annual banquet returns to Drayton Valley

The current market value of the book is \$5,000 according to an appraisal of the art piece done in Winnipeg.

Ducks Unlimited Canada's annual banquet is making a comeback in Drayton Valley after the last dinner was held in 2012. After year, the local volunteer committee for the group dwindled.

"We don't discourage it. It's a legal sporting activity, common throughout North America, hunting is government regulated. Ducks Unlimited Canada is a wetland conservation organization and if you improve wetlands you improve hunting, but that's not why we do it," he added.

The event will see games and live and silent auction with Ducks Unlimited Canada merchandise.

The group of nine volunteers that have formed the committee have already been going to bus nesses around town and asking for help with sponsorships.

"We started doing that in October and so we did it all last year. Now we are going back to all those places who asked us to come back in the new year. We had quite a bit of support. It's just a bit slow to get people back involved with it," said Bellavance.

Ducks Unlimited Canada is a registered charity that works toward conservation of wetlands. Some of the reasons for conservation include clean water, protecting wildlife, min

imizing droughts and to preserve recreational landscapes.

"Some people have in the past confused us with a hunting organization and many of our supporters are hunters but not all of them," said Ingoldby.

"We have formed a whole new committee and we are bringing it back this year for Valentine's Day."

— Jessica Bellavance, Ducks Unlimited

"They had quite a large committee, some of the members moved away, and some got sick and it just crumbled. That was a big 25th year anniversary event (for Drayton Valley) and that was the last time that there was an event in Drayton Valley so we have formed a whole new committee and we are bringing it back this year for Valentine's Day," said committee chair Jessica Bellavance.

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NEWS

Willey West marking 25 years of County ownership

A date for celebration is being decided

By Scott Robertson

Willey West will be celebrating its 25th birthday this year since it was handed over to Brazeau County in 1990.

The celebrations will take place sometime in June with an open barbecue to the community at the Willey West campgrounds.

"Twenty fifth anniversary since the Brazeau County took it over. So what the announcement was that Alberta Parks had officially handed it over to Brazeau County May long weekend in 1990. So it's 25 years old this year," said Willey West park operator Scott Robertson.

"We haven't got a firm date but we are hoping for the first three weeks of June this year. Right after our official 25th anniversary of May long weekend," added Robertson.

However, the Willey West campground was open long before 1990.

"People have been camping down there since the 50s. So it's not as though it hasn't been used, the problem with it was the road, the road getting into the campground wasn't a real issue. It was very steep. So in the late 80s they rebuilt the road and connected it," said Robertson.

The park has been undergoing some changes after construction on the bridge started, and flood damage in 2013.

"And then the new bridge construction also took one of our major group camps. Since then a year ago (2013), the County went ahead and put in 13 new sites, to replace the one that were lost. And this last winter (2014) we roughed in 25 more sites and another group camp. So that will bring us up to two group sites and 95 camp sites," he said.

The 25 sites and the group camp that was added last year is currently a year in progress.

"So from when we started the year (Robertson and his wife Sherry took over as park operators in 2014) it was one group site

and 95 camp sites," he said.

The couple hopes for a play field to be part of the park in spring this year.

"The other thing happening in the park is as Pat has used our play field for storage of dirt, the entire play field is going to be rebuilt this spring and is added. So it will be in much better shape than it has been for a very long time. The County also

those who will be there and a complete trail system goes around the park. It used to be there and it's gone (due to bridge construction) and we plan to replace it."

Scott and Sherry Robertson who took over as operators of Willey West last year want the public to know that the camp-

ground will continue to stay as a quiet campsite.

"Our campground is not interested being in an industrial camp site. We don't think that's what we were there to do. The County doesn't want it that way either," he said.

Another change that the park doesn't plan on doing is charging people for day-use.

"They use to Willey West is no charge. We do not charge day use. Our feeling on it was the people who have coming in for the day, they are probably our neighbours and they don't have access to the North Saskatchewan River from anywhere else," Robertson said.

The campground did charge users for overnight use. Find out more online at www.willeywest.ca or by calling 780-542-5180.

Weyerhaeuser would like to sincerely thank all of our Timberlands contractors and their employees for excellent safety performance over the past year. They have successfully worked 640,000 hours injury-free. They have truly embraced that "nothing we do is worth getting hurt for" and are able to enjoy quality time with friends and family and family as a result.

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Weyerhaeuser Congratulations!

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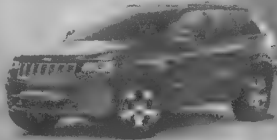
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Butterflies, roses and bald eagles

Recently in this column I took you to Australia for a tour of the Royal Botanic Gardens of Melbourne and Sydney. This week I would like to concentrate closer to home with a visit to a most beautiful garden located in one of the most unlikely places: Omaha, Nebraska.

The Lauritzen Gardens - Omaha Botanical Center took me entirely by surprise. I was in the American Midwest early last spring on other business when I was invited to the gardens. I looked up "Botanical gardens" on the Internet hoping that I would find some wide open green spaces near the urban centre of the city of Omaha. Alas, the Lauritzen Gardens popped up and I called a taxi. Off I went to the south east corner of the city, nestled near to the wide, open Missouri River.

The garden is located in a gorgeous natural setting, all 67 acres of it. As I approached the grand glassed-in entrance to the gardens' main building I was impressed by a tour train that snaked past me quietly. It is one of those rubber-wheeled jobs, with a commentary piped through a speaker system. Profitable for people who want to enjoy a leisurely ride around the property.

I vowed for a while, as the property is quite manageable by foot and I wanted to take my time to explore. The gardens feature a huge rose garden, a formal 'rains' complex with pergolas and a permanent children's garden (with commensurate programs for young-uns), perennial borders and the most impressive gently curving walk devised by large flowering crab apple trees in full and glorious bloom. I was fortunate to be there on the very day that the crab flowers were at their peak.



Mark Cullen

about our future as people.

I read recently that doctors are becoming concerned about a new generation who are developing physical maladies caused by constantly looking down while texting and e-mailing. Imagined! Chronically sore necks, stooped shoulders and who knows... early onset osteoporosis? I mention this as an example of how our society is changing.

It is true, we communicate very differently than we did just 10 years ago. We find entertainment in different forms, venues and genres. We continue to spend things up, by pushing a button or sliding our finger over a glass screen. The mother of a two-year-old told me recently that her young daughter walked up to the TV screen and wiped her finger from one side of it to the other when she wanted to change the program. So conditioned to using her iPad was she that she expected the TV to function in the same way.

I wonder what expectations that two-year-old will have when she is 10 or 21? What 'entertainment' and 'communication' look like then?

I do not have the answers. But there is one thing that I know for sure: society will be much more in need of botanical gardens as time passes. As sure as butterflies fly, the scent of a rose inspires poetry, and the flight of a bald eagle causes us to stop, breathless, we will need botanical gardens and all that they represent.

— Mark Cullen appears on Canada AM every Wednesday morning at 8:40 a.m. He is spokesperson for Home Hardware Lawn and Garden. Sign up for his free monthly newsletter at www.markcullen.com.

A chance visit to a botanical garden in Nebraska leads Mark Cullen to reflect on the importance of nature in our lives and the lives of children as we become increasingly surrounded by technology.

Photo courtesy Mark Cullen

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homes

You want it, can you afford it?

Keep track of monthly income and expenses

Christina Haddad
Special to CMHC Agency

When you own a home your regular mortgage payments are contributing to your equity over the long term.

In addition to mortgage payments there are other regular expenses that homeowners have to take into account. Understanding those expenses will help you get a sense of how much you can afford before you begin house hunting.

To understand how much you can afford to spend on home ownership, you must first understand the state of your current finances. That involves having a detailed list of both your monthly income and your monthly expenses — including utilities, car expenses, groceries, insurance costs, and so on. The difference in your income and expenses will give you some idea of whether you can afford the extra costs of owning a home.

The second step is to look at how much debt you are carrying, from car payments, student loans, credit cards, or other loans or lines of credit. This information works out to a monthly expense as well. If your debt load is too high, that can affect how much credit a mortgage lender will be willing to provide you, and it might help to pay down some of those debts before you consider buying a home.

AFFORDABILITY RULES
The information you've gathered so far for the maximum price you can afford for a home. There are two main ways to look at affordability.

The first is to take your basic monthly housing costs — mortgage payments, property taxes, and heating expenses — should amount to more than 32 per cent of your monthly income. The second is that your entire monthly debt (housing costs plus all debt payments such as car loans or leases, credit cards, student loans, and lines of credit) should not be more than 40 per cent of your monthly income.



Photo supplied/CM Agency

Know how much you can afford to spend before house hunting. Take into account all your monthly expenses and debt load.

These calculations are important to ensuring that you can afford your home over the long term. Your lender will be looking at these numbers to ensure that you can keep making your monthly payments. So it's important to keep a file of documents about your budget, such as financial statements. The actual price of a home you can afford depends on the kind of mortgage you can secure. Interest rates change from time to time, and different payment terms and schedules depend on negotiations with your lender, and the amount of your down payment.

Your lender can give you a good idea of how much your payments on a given house price will be; then you can return to your household budget and see how well they fit with your finances. You can also experiment with CMHC's online Mortgage Affordability Calculator at www.cmhc.ca or calculators by inputting different monthly expenses and bor-

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